

Unity Health Solutions, LLC

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Informed Consent

Welcome to Unity Health Solutions concierge Psychotherapy, I am licensed in the state of Texas as a Marriage & Family Therapist (license # 201351) in practice since 1998. I strive to offer Christian counseling that is biblically grounded and psychologically competent. I have chosen a concierge model of psychotherapy to best meet the many relational, emotional and spiritual needs of each of my clients. This model provides an alternative to the pathology (sickness) based medical model; providers practicing within the medical model are paid according to the patient's diagnosis and authorized treatment plan. By utilizing a self-pay methodology (not participating with insurance panels), not only is your privacy protected but your care is not dictated by your insurance company. Additionally, in our streamlined system there are no requirements for pre-authorizations, filing of paperwork, or dictated number of sessions. At Unity Health we see fewer clients than most counselors who rely on insurance fees for a living, therefore allowing us to better serve you with increased privacy and a more personalized approach. Concierge services are an exclusive lifestyle management solution for your mental health needs as an integrative approach to treatment, which might otherwise be limited by typical in-office therapy. Concierge packages are ideal for those whose lifestyles, schedules or specific needs require flexible and personalized care. This service provides you the support and help needed in our private practice office here in Midland, or in the luxury of your home, office, or any location you choose. The benefits of this service allow a more integrative and holistic approach to psychotherapy, which include flexible scheduling and greater access to your therapist while you save time and maximize your privacy.

The information disclosed during your therapy sessions is considered confidential and cannot be disclosed without your written consent, with the following exceptions: any threats to harm yourself or others; any suspected abuse or neglect of a minor, the elderly, or the disabled. In marriage or family therapy, all members involved in the session must sign a release before therapy can begin, or before information can be released.

I am bound by the laws of the State of Texas and must comply with all HIPAA regulations. My practice is fully digitized and all information is saved in an encrypted program. No information will be shared, unless it is requested by the patient. The exception is if your employer is paying for your services, they will receive your invoice, by signing this form you are agreeing to that invoice being shared.

My fees per session are \$170 for my private practice location and \$300 for any offsite location. An invoice will be sent to you before your session, and is due at the time of service, all virtual sessions are due before the session begins. Due to the nature of the more personalized concierge service, I require a 24 hour notice of any cancellations. If a 24 hour notice is not given I do charge a \$50 late cancellation fee. If a session is missed all together there will be a \$85 fee (half of the full session on the 1st occasion), and \$170 (full session fee for any after that).

_____ I hereby agree to the terms and conditions set forth in this agreement.

(Initial Here)

Printed Name

Date

Patient or Parent Signature